

ARES Check Lists

The following checklists are from the ARRL's "ARES Field Resources Manual".

What To Do First In Case Of An Emergency

Check that you and your family are safe and secure before you respond as an ARES volunteer.
 Check that your property is safe and secure before you respond as an ARES volunteer.
 Monitor 147.210 +.
 Follow the instructions you receive from the ARES officials in charge on the above frequency.
 Contact your local emergency coordinator, or his/her designee, for further instructions.

Initial Action Checklist

Be prepared to operate. Check all equipment and connections.
 Check-in with your assigned contact. Deploy to assignment with "Ready" kit.
 Obtain tactical call sign for your location/assignment.
 Initiate personal event log.
 Enter assigned frequency(s) on log sheet and on emergency/frequency plan.
 Use log form to record messages handled.
 Use a formal message form when a precise record is required.
 Use tactical call sign for your location, while observing FCC's ten-minute id rule.
 Monitor your assigned frequency AT ALL TIMES. Notify NCS if you have to leave.

Basic Deployment Equipment Checklist

2-Meter HT	ARES ID Card
2-Meter Magmount	Extra Batteries
Ear Phone	Appropriate Clothing
Paper and Pencil	Food and Water

Extended (72-Hour) Deployment Equipment Checklist

Snacks	Liquid Refreshments
Throat lozenges	Aspirin
Prescriptions (eyeglasses)	Toilet Articles
First aid kit	Message Forms
Log books	Shelter (tent and sleeping bag)
3 day change of clothes	Foul Weather Gear
3 day supply of food and water	Portable Stove; Mess Kit with cleaning kit
Flashlight	Batteries
Candles	Water Proof Matches
Alarm Clock	Toolbox
Electrical and Duct Tape	Soldering iron and solder
Safety Glasses	VOM
Additional Radios, Packet Gear	Microphones
Headphones	Power supplies, chargers
RF Connectors	Antennas with mounts
Patch Cords	SWR bridge (VHF and HF)
Extra Coax	Standardized Connectors